

Wasatch County Fair Days

Utah's Toughest 10K

1K - Kids Race, Insanity Hill Scramble

July 30th 2011, Soldier Hollow. Midway, Utah



REGISTER ONLINE!

Go to any of these sites to register: www.Toughest10k.com, www.Runnercard.com, www.active.com

If you really insist on not using online registration, you can register in person at Wasatch County Parks and Recreation: 345 W. 600 S. Heber City, UT 84032. You can also mail the form below to us. But we encourage you to register online.

10K Race time: 7:30 AM

Kid's K (1 Mile run/walk) Race Time: 7:15 AM

Insanity Scramble: Race Time: ~9:30 AM

Registration Prices:

10K - \$20 until July 1st, then \$30

Kids 1K - \$10 until July 1st, then \$15

Insanity Scramble - \$10 until July 1st, then \$15

Age groups: 10K: 11 under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
No clydesdale. No strollers, rollerblades, dogs, bikes, etc.

Kids age groups: 2 under, 3-4, 5-6, 7-8, 9-10, 11-12

No age groups for the Insanity Scramble.

Day of Race Registration from 6:30am - 7:00am. Great Awards! 5 places deep in the 10K & Kids 1K
Special Insanity Scramble Tshirt to finishers of that race. LATE REGISTRANTS ARE NOT GUARANTEED A T-SHIRT

NOTE: The Toughest 10K is being run in conjunction with the Wasatch Back Marathon & Team Relay. The Wasatch Back Marathon begins at 6:00am at the same start/finish area. You can find out more at www.wasatchbackmarathon.com

Event: 10k Kids K Insanity Scramble

Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Phone: _____

DOB: _____ Age on Event Day: _____ Sex: _____ Email: _____

Adult T-Shirt Size: S M L XL XXL Youth T-Shirt Size: YS YM YL

I, the undersigned, acting for myself or as a parent or guardian, do hereby agree (allow) participate(ion) in the aforementioned activity(ies) and further agree to indemnify and hold harmless Wasatch County and Soldier Hollow, its agents, employees, and volunteers from all harm, accidents, personal injury or property damage suffered by the aforementioned individual(s) arising out of, or in any way connected with participation in this activity.

Signature: _____ Date: _____

(Parent or guardian must sign if under 18 years of age)

TOUGHEST 10K

Sponsored by Wasatch County Parks and Recreation, Heber Valley Medical Center, Midway Running Club
Contact info: 435.657.3240 - Wasatch County Parks & Recreation
10K, Kids Race, Insanity Scramble Race Director: Trish Provost. 435.654.9742